



## NEWS

### Roane County Anti-Drug Coalition (RCADC)

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#### RCADC

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For information on the history of RCADC please access our website at [www.roaneantidrug.org](http://www.roaneantidrug.org).

The RCADC is a member of Community Anti-Drug Coalitions of America (CADCA) [www.cadca.org](http://www.cadca.org)

The RCADC is a 501(c) 3 federal tax exempt organization.

#### MISSION STATEMENT

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The mission of the Roane County Anti-Drug Coalition (RCADC) is to promote community involvement, to educate and raise awareness of alcohol, tobacco and other drug issues; and to strengthen community partnerships and prevention strategies in Roane County.

#### MEETING INFORMATION

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The coalition meets on the second Wednesday of each month at 12:00pm. The meeting is held at the Masonic Lodge in Kingston- 550 West Spring Street (across the street from the Roane County High School Cafeteria). To learn more about meeting dates or upcoming events please visit our coalition website: [www.roaneantidrug.org](http://www.roaneantidrug.org)

### *Did You Know?*

**More young people ages 12-17 abuse prescription drugs than any illicit drug except marijuana – more than cocaine, heroin, and methamphetamine combined.**

### *What's New?*

#### Christmas Parades

Every year the Roane County Anti-Drug Coalition participates in local Christmas Parades. This year the RCADC partnered in the parades with members of local P3 clubs. P3 (Positive Peer Pressure) are drug-free clubs sponsored in the high schools by RCADC.

#### Intoximeters

Alcohol detection devices, called Intoximeters, are being used in every high school by the Student Resource Officers. These devices enable the Officers to detect alcohol use among students both during school and at extracurricular events.

#### Red Ribbon Week

The Red Ribbon Campaign is the largest drug prevention program in the nation reaching millions of young people each year. Red Ribbon Week was held during the week of October 23-31. This year the RCADC provided Red Ribbons and other promotional items to each high school. Roane County elementary and middle schools celebrated Red Ribbon week with activities such as a writing contest and a "Wear Red Walk." The RCADC along with Roane State Community College sponsored an event at the RSCC theatre on October 23<sup>rd</sup>. The speaker, Blake McMeans, was a UT tennis player who received a full scholarship. He is now in a wheelchair after a car accident in which he was driving under the influence.

#### Treatment Directory

RCADC has developed a Treatment Directory. The directory lists all mental health and drug and alcohol treatment agencies in East Tennessee. Please contact RCADC to obtain a directory.

#### Anti-Tobacco Commercials

The OSHS P3 club produced and acted in anti-tobacco public service announcements. The commercials were premiered on November 20<sup>th</sup> at Roane State Community College. The commercials are being distributed throughout the county and will then be dispersed state-wide.

## *Did You Know?*

According to the Office of National Drug Control Policy (ONDCP), many parents are not aware of teen prescription drug abuse. Teens say their parents are not discussing these dangers with them, even though research shows that parental disapproval is a powerful way to keep teens from using drugs. For more information regarding teenage prescription drug abuse visit [www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov)

## *Ring in the New Year*

New Year's Resolutions for Every Parent

1. Safeguard all prescription and over-the-counter drugs at home. Monitor quantities and control access.
2. Set clear rules for teens about all drug use, including sharing medicine and always following the medical provider's advice and dosages.
3. Be a good role model by following these same rules with your own medicines.
4. Properly conceal and dispose of old or unused medicines in the trash.
5. Ask friends and family to safeguard their prescription drugs as well.

To learn more about Rx & OTC health risks, visit [www.theantidrug.com](http://www.theantidrug.com)

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