



**Roane County Anti-Drug Coalition
August 10, 2016**

Members/Guests Present: Mike Barber, Kris Brinkmeier, Cathy Day, Donna Forstrom, Stan Grubb, Sarah Harrison, Suzan Horsfall, Jill Murphy, Sherry Samples, Beth Sams, John Shacter, Susan Shirley, Senator Ken Yager

Sarah called the meeting to order and welcomed members/guests. Introductions were made by participants/members around the table.

Susan Shipley: Susan was the guest speaker and shared an overview of her ideas and thoughts for a proposed PhD dissertation topic regarding a public health concern. Susan is a nurse and experienced first-hand a son, a veteran, who was over-prescribed, in her opinion, pain killers as he reentered civilian life. The battle to assist him in overcoming his addiction influenced her to take action in an effort to prevent others who may face similar futures.

Susan explained that the health field has a couple of effective technology applications (apps) that assist diabetes and IBS patients; her dissertation proposal is intended to collect data and conduct research to determine if an app for prescription overdose patients would be beneficial.

The discussion went two-ways as Susan was seeking suggestions for resources and coalition suggestions as she shared her intentions to positively reduce accidental overdosing from prescription drugs. Her primary goals are to: (1) decrease hospitalizations due to unintentional overdoses or under-doses, and (2) decrease addiction to prescription drugs. Her target audience for collecting data will be Roane and Anderson counties, and she intends to identify a sample population with a minimum of 50 participants and maximum of 100.

Celebrate Hope Benefit: Sarah drew everyone's attention to the "Save the Date" flyers on the table for the Celebrate Hope Benefit to be held on September 30. Participants were encouraged to attend the event and to post the flyers. Tickets are \$50 and proceeds are intended to purchase Naloxone for all Roane County first responders (fire departments and law enforcement officers). Sarah is working with Blount County officials to determine how the county has benefited from the use of Naloxone in their communities. She indicated our Coalition is promoting for all Roane County School nurses to have access to Naloxone as well.

Rotary Club: Suzan Horsfall announced that the Rotary Club will be meeting on Tuesday, August 16 at 6:00 pm at Gloria Jeans. Guest speakers will be two pharmaceutical students from the University of Tennessee who will be explaining the composition of Naloxone and how it works. Everyone is invited.

Updates: Flyers were distributed announcing the Boys & Girls Clubs of Roane County's 4th Annual 5K and 1 mile fun walk. The event will take place on Saturday, August 20 at 8:00 am with registration beginning at 7:00 am.

Strategic Planning – Meeting Agendas:

Jill Murphy asked members for ideas for upcoming meetings. Suzanne Horsfall volunteered to ask Terry Stephens if he would be willing to share his thoughts on ways to curb prescription drug use by changing the way opiates are manufactured. Members also requested a meeting to include state legislative updates prior to the beginning of the next session. Jill suggested that we host a "Thank You" event in lieu of our November meeting. Local agencies will be invited and thanked for their prevention efforts. A committee will be formed and volunteers will be needed to assist with this event.

Sarah made a motion for the meeting to adjourn.

The next Coalition meeting will be held on Wednesday, September 14 at noon at the RCADC office (151 E. Race St, Kingston).